## "Black Hills Area"

Elite Football Combine/Camp
Powered by Benson Sports Training
June 11-12 2025
Grades 1-5
Grades 6-12
Site - Deadwood Football Stadium

**COST** - \$60

June 11 June 12

Grades 1-5 1pm-4pm Grades 1-5 9am - 11am Grade 6-12 5pm - 7pm Grades 6-12 12pm - 3pm

## June 11 Grades 1-5

1pm - Stretch , Form Run

**1:15pm** - Testing - 5-10-5 (2 times), Broad Jump (2 jumps) , 10yd (2 times), 40yd (2 times)

1:45pm - Break

**2pm** Offense - 15 minutes each group

Offensive Linemen

**Running Backs** 

Wide Receivers

Quarterbacks

3pm - Break

3:10pm - Defense

**Defensive Linemen** 

Linebackers

**Defensive Backs** 

3:55pm - Bring it up, go over the day, break it down.

4pm - Dismiss

**June 11 - Grades 6-12** 5pm - Stretch , Form Run **5:15pm** - Break into positions **5:20pm** - Offense (40 minutes with your position) Offensive Linemen **Running Backs** Wide Receivers Quarterbacks **6pm** - Break **6:15pm** Defense (40 minutes with your position) **Defensive Linemen** Linebackers **Defensive Backs 6:55pm** - Bring it up.

7pm - Dismiss

## June 12 Grades 6-12 12pm - 4pm

12pm - Stretch , Form Run

**12:15pm** - Testing - 5-10-5 (2 times), Broad Jump (2 jumps) , 10yd (2 times), 40yd (2 times)

**12:45pm** - Break

1pm Offense - 15 minutes each group

Offensive Linemen

Running Backs

Wide Receivers

Quarterbacks

2pm - Break

2:10pm - Defense

**Defensive Linemen** 

Linebackers

**Defensive Backs** 

2:55pm - Bring it up, go over the day, break it down.

3pm - Dismiss

## June 12 Grades 1-5 9am - 11am

9am - Stretch , Form Run 9:15pm - Break into positions **9:20pm** - Offense (40 minutes with your position) Offensive Linemen **Running Backs** Wide Receivers Quarterbacks 10pm - Break **10:15am** Defense (40 minutes with your position) **Defensive Linemen** Linebackers **Defensive Backs 10:55am** - Bring it up.

11am - Dismiss